



PADEL
PLACE
CLUB

PINATARARENA
sportclub

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JF2 Academy

FOR PLAYERS WHO TRULY WANT TO IMPROVE

Stop taking lessons. **Start improving.**

Performance is the Padel Place and Pinatar Arena Padel programme based on the JF2 Academy method: it supports you before, during and after every training session and every match, across the four pillars of performance, outdoors in Pilar or under cover in Pinatar, and with a platform that stays with you between sessions.

For players who truly want to improve their padel, Performance is the programme that turns every lesson and every match into a measurable development process. Unlike one-off lessons, we work on the four pillars (technical, tactical, physical and mental) with an initial assessment, a personal path and follow-up on the JF2 platform, with the same method at both venues.

SOUND FAMILIAR?

Lots of lessons. **Same level.**

01

EVERY LESSON STARTS ALMOST FROM SCRATCH

Nothing connects one session to the next, and there's no clear plan for where you're heading.

02

WHAT WORKS IN TRAINING DOESN'T SHOW UP IN MATCHES

The bridge between practising and competing is missing: under pressure, old habits return.

03

YOU DON'T KNOW IF YOU'RE IMPROVING

Without measurement, progress is invisible. And when you can't see it, motivation drops.

04

BETWEEN SESSIONS, EVERYTHING STOPS

If you travel or spend seasons away, every return means starting over.

THE SOLUTION

Before, during and **after.**

Step 1

ASSESSMENT

An initial evaluation across the four pillars: technique on video, tactical reading, basic fitness test and mental profile.

Step 2

PERSONAL PATH

Prioritised goals in cycles of 4 to 8 weeks, agreed with your coach and stored on the JF2 platform.

Step 3

FOCUSED PRACTICE

Before: goal and intention. During: one focus per session. After: review, video and a concrete task.

Step 4

MATCH AND REVIEW

A simple match plan and a review afterwards, including the club's organised matches.

WHY IT'S DIFFERENT

Not another lesson. **A method.**

01

ALL FOUR PILLARS, NOT JUST TECHNIQUE

Technical, tactical, physical and mental, integrated: a stroke improves when the body supports it and the mind chooses it well.

02

WHAT HAPPENS AROUND THE COURT

Preparation before, focus during and review after every session and every match. That's where the difference lies.

03

YOUR PROGRESS, VISIBLE

Assessment, path, videos and progress by pillar on the JF2 platform, whether you train in Pilar or in Pinatar.

05

AN ELITE-LEVEL METHOD

Designed by JF2 Academy, whose sports director, Jaime Fermosell, is a former US number 1 (Red Padel) and 2025 US Open champion.

WHAT YOU GET**Improve *and feel it.***

- A clear plan: you know what you're working on, why and what for.
- Measurable improvement by pillar, cycle after cycle.
- Better performance in matches, not just in training.
- Fewer injuries thanks to physical and preventive work.
- More confidence and better handling of pressure.
- One membership to train at both venues.

04

TRAINING ALWAYS HAPPENS

Two venues, one of them with covered courts: your plan is never broken by heat, rain or wind.

FORMATS**Choose *your way* to improve.****Two-venue membership**

Train at Padel Place or Pinatar Arena Padel with the same path and the same follow-up.

Performance membership

Regular lessons, assessment, personal path, platform and end-of-cycle reviews.

Intensive block

One or two weeks of focused work, ideal for seasonal residents and visitors.

Remote programme

Follow-up, tasks and video review with your coach between stays.

Levels

Beginner, Progress and Competition.

HOW WE START**Your first step: *know where you stand.***

01

INITIAL ASSESSMENT

A diagnostic session across the four pillars with the coaching team of both venues.

02

YOUR PATH

We present your priorities and the format that suits you best.

03

TIME TO IMPROVE

You start your first cycle, with follow-up on and off the court.

BOOK YOUR INITIAL ASSESSMENT.

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