



PADEL
PLACE
CLUB

PINATARARENA
sportclub

x



JF2 Academy

FOR GROUPS · PADEL WEEKS AND GETAWAYS BETWEEN THE COSTA BLANCA AND THE COSTA CÁLIDA

A padel week *in the sun and under cover* that transforms, not just entertains.

Holistic Padel Weeks: outdoor padel at Padel Place (Pilar de la Horadada) and covered courts at Pinatar Arena Padel (San Pedro del Pinatar), guaranteeing play in heat, rain or wind. Plus functional training, physiotherapy, yoga, meditation and dinner talks, all included.

For groups of friends, clubs and companies who travel to play padel, the Holistic Padel Weeks at Padel Place and Pinatar Arena Padel are the sports tourism experience that guarantees play in any season and looks after body, mind and community as well as the game. Unlike conventional padel trips, which depend on the weather and offer only courts and matches, we combine two venues —one of them covered—, include the physical and mental pillars in the package and give you a plan to keep improving at home, with the option to continue the experience in Miami.

WHAT USUALLY HAPPENS ON A PADEL TRIP

Lots of padel. *Not much else.*

01

THE WEATHER DECIDES

Midday heat in summer, rain or wind in winter: cancelled matches and schedules that fall apart.

02

STIFFNESS, ACHES AND INJURIES

Many hours of play in a few days, with no physical preparation or planned recovery.

03

YOU PLAY, BUT YOU DON'T IMPROVE

Matches with no goals or review: back home, your level is the same.

04

THE EXPERIENCE ENDS AT THE AIRPORT

Without follow-up, the group takes home photos, but no plan and no reason to come back.

THE SOLUTION

All four pillars, *at two venues.*

Technical and tactical FOCUSED PADEL

Goal-driven training, matches and mini-tournaments, in the sun in Pilar or under cover in Pinatar.

Physical A PREPARED BODY

Functional training for padel and physiotherapy included: assessment on arrival and recovery sessions.

Mental A TRAINED MIND

Yoga, meditation and breathing; between-point routines applied in matches.

Community DINNERS TO REMEMBER

Short talks on mental training, positive psychology, neuroscience, wellbeing and the sciences of happiness, on Padel Place's terrace or at partner restaurants.

WHY WE ARE DIFFERENT

What no other padel trip *includes*.

01

PLAY GUARANTEED ALL YEAR

Sun in Pilar and covered courts in Pinatar: the schedule happens in heat, rain or wind, and you can also play in the middle of the day.

03

PHYSIOTHERAPY AND WELLNESS INCLUDED

Assessment on arrival, planned recovery, yoga and meditation for the whole group, not as extras.

05

CONTINUITY AND MIAMI

A personal report and follow-up on the JF2 platform, with the option to continue the experience in Miami with JF2 Academy.

02

TRULY HOLISTIC

We don't add random activities: we integrate technique, tactics, physical and mental work into one coherent week, with the JF2 Academy method.

04

A SETTING USED TO HOSTING TEAMS

Every year Pinatar Arena welcomes clubs and national teams from all over the world: this summer it brought together 49 teams from 18 countries. Talks on positive psychology, neuroscience and the sciences of happiness, in Spanish or English.

WHAT YOUR GROUP TAKES HOME

More than *good memories*.

- A schedule that happens, whatever the weather.
- More padel enjoyed and fewer aches.
- Visible improvement in your game, with goals and review.
- Physical and mental tools to keep going at home.
- Conversations that bring the group together.
- The urge to come back, and the option to carry on in Miami.

FORMATS

Choose your group's *week*.

Getaway	Weekend: padel, one physical session, one mental session and a talk.
Full week	5-7 days with all four pillars integrated.
Performance week	For advanced groups or those preparing for tournaments.
Wellbeing week	More yoga, meditation and talks, to switch off.
Company week	Teams and offsites, with leadership and cohesion goals.

HOW WE START

Three steps to *your week*.

01

TELL US ABOUT YOUR GROUP

Number of people, level, dates and what you are looking for.

02

WE DESIGN THE WEEK

A tailored schedule with the four pillars at both venues, partner accommodation and restaurants.

03

ENJOY AND KEEP GOING

Live the week and take home a plan to keep improving.

LET'S PLAN YOUR GROUP'S WEEK.

Padel Place Club · C/ Nuestra Señora de los Dolores 11, Pilar de la Horadada (Alicante, Spain) · Pinatar Arena Padel · Av. del Mojón s/n, San Pedro del Pinatar (Murcia, Spain)

ffermosell@jf2academy.com
pinatararena.com ·
[@padelplaceclub](https://www.instagram.com/padelplaceclub)